



# Mairehau area interesting newsy stuff The Mairehau

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Contributions to:

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## Big kids have a whale of a time

Neighbourhood Trust Big Kids, Hammersley Park and Glenmoor Holiday programmes had a bonus these holidays. Not only did the Ministry of Social Development fund some free places, but Whale Watch, Kaikoura donated seats on one of their Whale



watch trips and paid for half the transport costs. It was a stunning gift to the children of Christchurch after the recent earthquakes.

39 children and six adults went on the two-hour boat trip. Six of these children were from red zoned homes. They saw two whales, hector dolphins and seals and enjoyed both the video and safety talk before the trip and the commentary and data show on-board. What a treat!

## Editorial

Didn't the snow make everything look pristine, white and shiny - at least for a short time. I hope you have not suffered too much damage from it.

Thanks to those who are continuing to text us with ideas. We hope to put up some of the ideas soon on a new set of boards. One thing that came up was the trucks rumbling at fast speeds down Hills Road - we're trying to do something about that, with a few contacts given to us. Watch this space!

Have a look at the Parenting Week programme that has now been finalised. Some fantastic speakers here and most of the venues are local, so don't miss out. If you have young children (under 3), the seminar on Building Brains is unmissable. Nathan Wallis (from Brainwave Trust) is easy to listen to, practical and has all the latest info on brain development. He's doing another seminar on how alcohol affects the teenage brain, so if your child is in the 10 years up age group, worth going along to. And of course, there's Nigel Latta, giving you the brief on raising kids today. Get your tickets now - don't delay. These will sell quickly.

## Soup through the snow

Despite the snow, a good crowd still turned up for the drop-in lunches and golden meal. The food is good, the atmosphere warm and welcoming, so people will travel to come and enjoy. Why don't you join us?

Great to have somewhere away from the same four walls and people of all ages are finding it's good to be with others. Community lunches at 'Unseen Guest', St Albans Baptist Church, 64 McFaddens Road, Wed/Thurs, 12 - 1.30pm till the end of the school year.



Cooks Leanne and Emma serving at the drop-in



Enjoying the Golden meal



# Let it snow, let it snow, let it snow -

I was only going to write about one snowstorm for this month's edition of *The Mairehau*, but amazingly as I am writing this, we are in the middle of experiencing the second one for this winter. There is something so exciting and magical about soft snow falling, and waking up to a stunning winter wonderland. I have to admit I become like a child again when it snows. I am sure if we had 3 months of it things might be different, but it is rare enough here to still generate excitement and wonder.

It was a really special time walking in the snow with my husband to the park and seeing kids, adults, and dogs playing in the snow and having so much fun. It has also been heart warming to hear of neighbours, friends and total strangers helping each other. I love the kindness seen in our suburbs in this past year. Keep it up!

I hope everyone has managed to keep safe and warm. Our thoughts go out to those living in broken houses or without winter heating. Warm hugs to you all! - Michelle Pieters

**okay. . . now it's time to stop!**



Innes Road



Mairehau High



Playing in the snow at Walter Park

## Conquering Cold Sores

Many adults and children carry the virus that causes cold sores. Although the virus doesn't bother them most of the time, certain things like stress and illness trigger the virus and make it active. Each attack causes sores to form around the mouth or nose. They start as red, itchy patches that develop into patches that develop into blisters then open weepy sores. The sores form crusty scabs than then crack.

The virus is transmitted by saliva and spread by touching a cold sore, kissing or sharing cutlery, face cloths or towels with someone who has a cold sore.

Before the sores come out, a tingly sensation may be felt. This is the best time to treat a cold sore. Treatment may include creams such as Zovirax®, patches or a single dose of tablets called Famvir® available from the pharmacist. The Doctor can prescribe a longer course of tablets if cold sores are occurring frequently. Some vitamins such as Lysine may also help prevent cold sores, ask your pharmacy team for advice. *Practical health tips from Mairehau Pharmacy*

**Nicky Wagner**

NATIONAL PARTY MP

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## GirlGuiding NZ -Jamboree Tui Ridge - Rotorua 2012

The Cranford/Shirley District of GirlGuiding NZ is currently fundraising to send a group to the next National Jamboree, to be held in Rotorua in January 2012. They are aiming to send a group of about 18 girls and leaders from this district. This is a huge undertaking as we are fundraising for camp fees as well as return travel expenses.



Jamboree will run for about a week and promises to be a fun and exciting time for all. There are numerous activities planned including Rock climbing, BMX bike rides, Mud sliding, Jet boat rides, a visit to a thermal park and much more. Those who have attended a Jamboree say it is an experience they never forget and it is a chance to make lifelong friends.

A small, enthusiastic group has been planning various fundraising events which will be held throughout 2011. The next venture will be a Big Book Sale on Saturday 3rd September from 9 till 1pm, to be held next door to English Park on Cranford Street. All our books will be reasonably priced at \$2 or less. Come along and support the girls and hopefully you will find a bargain in the process. - Lisa Hintz

*Lucie Hintz from Mairehau Brownies helping to sort books for book sale*



*Jamboree activity at Tui Ridge*

## Snuggling in for Winter!

Some Mairehau and Shirley people were fortunate to receive gifts to help them get through Winter. Neighbourhood Trust, which is the community arm of St Albans Baptist Church had access to snuggle rugs, heaters and mink blankets through the Baptist Union distribution. Says Kim Thompson, 'We are so thankful to the help we got with the sacks and the heater - it has made such a difference to the warmth - and it was nice to know the children were wrapped up warm.'

*Noah in one of the snuggle sacks*



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Supported by the Shirley/Papanui Community Board, and Canterbury Community Trust.  
Visit our website on [www.nht.org.nz](http://www.nht.org.nz) to read back copies of The Mairehau*

## Break from the Quake Camps

Congratulations to Jean Durand and Mitchal Roche from Glenmoor School. They were nominated by their school to be flown to Auckland to attend a 'Break from the Quake Camp' during the July school holidays. The camps have a skill based approach, whereby members receive professional instruction on activities. Campers are engaged in what the world of adventure has to offer - increase sense of self-worth, improve relations, learn to manage emotions, stay physically competent and confident, manage risk and strive for success.

What a fantastic break from the quakes.



*Jean Durand and Mitchal Roche*



## After School Tutoring With Successmaker

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# Legends head north



Mairehau High School Senior Boys Basketball Team

Mairehau High School has a very proud history of Secondary School Basketball, with a total of twelve National titles during the latter part of the 1970's – bettered only by one other school in New Zealand. Over the past 6 years, we have been working tirelessly using basketball as a platform for success for many of our students.

Recently our Senior Boys Basketball team competed at the South Island premierships in Dunedin, achieving a long fought goal of putting our school back onto the Basketball map. Amazingly, our team won the "A" Premiership in the dying seconds of the final. This was an awesome result and one that the team and school is immensely proud of.

That in turn brought on the financial problem of how we could fund the team to the National Championships in Palmerston North. A meeting was organized with Brendon Burns, our local Labour MP, and Peter Gamble of the Christchurch Lions Association. Brendon and Peter arrived at one of the team's practices and were able to deliver some fantastic news – Brendon

had approached the Canterbury Earthquake Recovery Trust and the Wilding Foundation to get some funding for the team and the Lions Club also came to the rescue with a significant donation. Another generous contribution has come from the Soroptimist International Group of Christchurch.

The Mairehau Legends are now heading north to represent Mairehau High School and the South Island at the National Championships.

Mr Burns enjoyed shooting a few hoops with the boys. 'This is a low decile school in an area which has been hard-hit by the recent quakes. The Legends success is tribute to some real focus and hard work. Such successes are very important to our community at this time'. Brendon also thanked the Legends coach, Mairehau High Schools Deputy Principal Kaylib Gorrie, who leads the boys through early morning training sessions three times a week.

Mr Gorrie says, 'Going north will undoubtedly be a life altering opportunity for all of the team, a chance to positively affect these young men – role models to so many at our school. To our generous sponsors, thank you for your support, ensuring our students can continue to fulfill their basketball dreams'.



Photo: Geoff Sloan

MP Brendon Burns with Mairehau High School basketball team

## RSA better and bolder

The on-going ructions to Christchurch are affecting everybody. As a result people are now looking for entertainment and the prospect of a great night out. The problem is most local venues have been 'munted'.

The good news is that the Papanui RSA has just spent nearly half a million dollars on extensions to its lounge plus a new restaurant. Somewhat hidden away behind the damaged shops on the corner of Papanui and Harewood Roads, the Papanui RSA is conveniently located with access off Bellvue Ave, Papanui Road and Harewood Road.

With the recession and changes in people's socialising habits, the management reflected on a 'sink or swim' approach to the

future of the club but boldly decided to take the bull by the horns and develop the facility into something that would cater well for its existing members, the local community in general and visitors as well.

In conjunction with local builders, Hann Construction, volunteer members of the club pitched in to assist. The result is a lounge now capable of comfortably seating more than 200 people plus the spacious restaurant which has large, folding doors allowing full opening into the lounge for shows such as the Grand Opening Party. The food is diverse, good quality, great value for money and groups can book for dinner and the show.

The club has also added a new office, meeting room and convenience rooms. Come and take a look.

**Brendon BURNS**  
MP for Christchurch Central

Contact my electorate office  
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# Dad is special and significant

The relationship we had with our Dad informs us of this, whether it was warm and memorable, or somewhat less so, we know what type of relationship we want for our children.

For children Dads are models of what a man is and representation of what the world is like; trustworthy and safe or dangerous and scary.

The goal of **Kiwi Dads** is to provide a low stress & accessible opportunity for Dads to connect and spend time with their kids, while enhancing relationships and having heaps of fun, **Fun** is a key ingredient in forming positive memories. We meet 4 weekly on a Saturday afternoon, a great chance to meet other dads and give mum a break also.

So if you are sick of saying no to the kids, maybe this is an opportunity to spend some quality time with them doing some great fun activities.



Team work, bowling with KiwiDads

To date we have kept it low key and low cost, another value of Kiwi Dads, "love is spelt T I M E not \$\$\$," so with this in mind we have spent time making and eating delicious desserts, made wooden puzzles and gone bowling.

For September 10th we are planning to make and fly kites, hoping for a windy day (1-4 pm meeting at St Albans Baptist Church, 64 McFaddens Road). So join us and show your kids what a great engineer you are, and even if you feel you are not, come along and we'll provide all you need so that you will be the greatest engineer in your child's eyes!

After the first event we had a group of kids go home with the greatest chef, who made the yummiest dessert.

Other events we have planned are trips to the seal pups at Kaikoura, a must see, and it will be really enjoyable with a group of dads and other kids. We had hoped to go to the snow this passed Saturday, but missed the snow by about 12 hrs, so may revisit this if Dads are interested.

Kiwi Dads is about flexibility and responsive relating, with our kids and each other. The hope is that though networks developed at Kiwi Dads loads of informal activities will happen and Dads will feel connected, confident, supported and successful. For more information contact Neighbourhood Trust on 355 6522 or 385 1042.

# Kiwi Dads



Watch Daddy



Strike! Ollie



Strike High 5

## The Colgate Carton Race



Glenmoor School children entered the Awesome Colgate Carton Race. This was open to all primary and intermediate schools in New Zealand. Students had to raid recycling bins and ask family and neighbours to collect toothpaste cartons to get as many as they could. Glenmoor students made a toothbrush out of cartons to try and win \$1000 of sports gear for the school in the Creative section of the challenge. It was tough competition, but they had a lot of fun.

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# A New Beginning



SeniorNet Classrooms at Lions Club Ferrymead

Following the earthquake damage to our rooms at the Shirley Community Centre, and the red zoning of the building, SeniorNet Canterbury has managed to relocate, first to Garden City SeniorNet in Upper Riccarton and now to Ferrymead Lions Club Building in Ferrymead Heritage Park. We owe a huge thank you to the Garden City SeniorNet for the temporary use of their rooms. Now, SeniorNet Canterbury is moving on to a new beginning at the Ferrymead site.

Brave committee members managed to save all the computers and electronic bits and pieces from the badly damaged Shirley rooms. These have now been set up at Ferrymead in the new rooms and the place is looking great and functioning well. Classes are running as usual and the Special Interest Groups meeting once more. The rooms at Ferrymead are warm and comfortable with good parking.

At the Annual General Meeting of the Society held in June, Chairperson Gale Fursden retired from that position, but is still an active member of the committee. The meeting elected Paul Hopewell as Chairperson and together with several new committee members, SeniorNet Canterbury looks to be in a strong position to continue serving the over 55's who wish to become computer literate. Paul, who recently attended the Annual General Meeting of the Federation of NZ SeniorNets, tells us that the most significant business that came from the meeting was the adoption of a plan for 2011/12 to be the year of revitalisation of the Federation.

If you wish to learn how to use a computer and are over 55 years of age, SeniorNet Canterbury is the place for you. Membership Subscription is \$25.00 annually, and includes: Four two-hour introductory lessons, access to a range of courses tailored for the learner to progress gradually through the basics, free help sessions every Tuesday at Ferrymead rooms 12.00 noon – 2.00 pm, monthly social afternoon with excellent speakers, free raffles, plus tea and biscuits and newsletters, as well as access to other workshops and special interest groups at reasonable prices.

Ring the SeniorNet Canterbury office and Learning Centre on 384 7249 for a membership pack to be sent to you. E-mail enquiries to [enquiries@seniornetcanty.co.nz](mailto:enquiries@seniornetcanty.co.nz) - Internet: [www.seniornetcanty.co.nz](http://www.seniornetcanty.co.nz) - Ian Scott



Seniornet Students at Ferrymead

## Flower power in Mairehau - get some today!



Ian at Flower Bazaar

After 20 or more years growing commercial cut roses, cutting, packing and bunching thousands of rose stems and bringing them to the market three times a week, Ian Harvey from Flower Bazaar slowly developed a sideline as a florist balancing the rose growing side of his business. Ian says, 'I also gained a good reputation for Wedding Flowers and have worked with many brides over the years to help make their wedding day a special one, from a celebrity wedding in Switzerland to a Bride who gave me only two days notice to arrange flowers for her wedding!'

The very labour intensive and 7 day aspect of commercial growing and a growing desire to concentrate on floristry led Ian to sell the business and move to Christchurch.

An opportunity arose when Ian heard that the Tarot shop at 406 Innes Road was coming up for lease. He says, 'After securing the lease we set about turning what was a bland and boring ex butcher shop into an eclectic mix of old and new, with various bits and pieces I have collected in my travels.' Ian's love of all things ethnic and natural is obvious and customers are drawn into the shop by the bright murals on the walls and interesting gift ware items offered for sale.

After only one month in business the positive feedback from the local people has been amazing. Des says, 'Our next project is to landscape the large area at the back of the shop to offer a place to relax and also sell a range of garden plants and interesting garden art.'

The core of the business is floristry but they also offer a unique range of gift ware, topiary, candles and Blue Earth soaps with more lines in the planning.

There is always an occasion for flowers to brighten up one's day. If it is a birthday, anniversary, wedding, birth, Mothers Day, Valentine's Day or just a bunch to brighten the house they can meet your needs.

They also deliver NZ wide and offer a free delivery to all Christchurch City Hospitals. Pop in and see them at Flower Bazaar, 406 Innes Road, Mairehau.

### Quote of the month:

'Do you want to be counted wise, to build a reputation for wisdom?

Here's what you do:

Live well, live wisely, live humbly.

It's the way you live, not the way you talk, that counts.'

(James 3:13-15, The Message)

## New family fun nights

Something to help out on these cold nights. Neighbourhood Trust will be running two Family Fun nights on 13th and 27th September,

5.30 - 8pm; meal served at 6pm.

Come on down to the Life Impact Centre at St Albans Baptist Church with the whole family for hot food, comedy on the big screen, games and much more (just \$5 a family or \$2 per person). Keep warm, with good company and enjoy some family time.



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Christchurch Parents Centre, Parklands Baptist Church, 189 Queenspark Drive, Parklands, Christchurch

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**Neighbourhood Trust Presents**

Sun, 2nd Oct	Guest Speaker: Ngaire Button, Deputy Mayor	10am, St Albans Baptist Church, 64 McFaddens Rd	Free
Mon, 3rd Oct	Nathan Wallis: Alcohol and the Teenage Brain	6pm - 8pm, Mairehau High School Music Room, Cnr Innes Rd & Hills Rd.	\$14pp, Teenagers free. Light snack provided
	Helen Mann: Speaking on 'Who's the Boss'	7-9.30pm, Papanui Primary School, The Pavillion, Winters Rd	\$6pp
	Laura Hall: How Safe is Your Child's Car Seat?	7.30pm-9pm, Te Puna Oraka, Shirley Early Years Hub, 69B Briggs Road, Shirley	\$5 per family
	Nadine Driver: Catering for Special Diets	7.30-9.30pm, Heaton Intermediate School, Heaton St	\$6pp
Tues, 4th Oct	Karyn Riley: Mum Guilt	10 - 11.30am, Life Impact Centre Garden Lounge at St Albans Baptist Church, 64 McFaddens Rd	\$6pp
	Philippa Murphy: Combat Colic & Reflux the natural, drug free way	10-11.30am, Life Impact Centre Redwood Lounge at St Albans Baptist Church, 64 McFaddens Rd	\$6pp
	Single Women as Parents: Stretching the Dollars Workshop	11am - 12 noon, Life Impact Centre Cafe Lounge at St Albans Baptist Church, 64 McFaddens Rd	Free
	Don Lake: Unloading Stress in the Family	12.30 - 2.15pm, Vision Church, cnr Dee & Thames St	\$5pp; light lunch provided
	Sophie Gray, The Destitute Gourmet	7.30pm, St Christophers Church, 244 Avonhead Rd.	\$15pp
	Nathan Wallis: Building Brains – The Early Years	7.30- 9pm, Vision Church, cnr Dee & Thames Street	\$6pp
	<b>TOUGHLOVE</b> : Panel on Drugs and Alcohol for parents of teenagers	7.30- 9.30pm, Life Impact Centre Cafe Lounge at St Albans Baptist Church, 64 McFaddens Rd	Gold coin
Wed, 5th Oct	Kiwi Mums: Come and check us out	10am, Rolleston Community Centre, 94 Rolleston Drive	Free
	Single Women As Parents: Soup lunch for all women parenting alone and their children (Bookings essential through Lorelei phone 366 8540)	10am - 12 noon, 70 Springfield Rd, St Albans	Free
	No Sweat Parenting with John Cowan and Pio Terei: Become a Parent Coach	6.30 - 9.30pm, Papanui Baptist Church, 146 Sawyers Arms Rd, Papanui (In conjunction with Te Ora Hou)	Gold coin
	Ruth Ramsey: Strategies for Enhancing your Child's Speech and Language	7 - 9pm, Mairehau Primary School, Library, 43 Mahars Road	Gold coin
Thur, 6th Oct	Single Women as Parents: Stretching the Dollars Workshop	11am - 12 noon, Life Impact Centre Ampitheatre at St Albans Baptist Church, 64 McFaddens Rd	Free
	Waipuna Trust & Pregnancy Help: Teen Parent Expo - for young people & their families & those supporting young parents.	1- 4pm, Waipuna, 349 Woodham Road	Free
	NIGEL LATTA: Raising Boys, Raising Girls	7.30 - 9.30pm, Aurora Centre, Burnside High School, Cnr Greers & Memorial Rds	\$18 pp
	Ainslee Coates: Childhood Trauma – Helping Children Build Resilience	7.30pm, Life Impact Centre at St Albans Baptist Church, 64 McFaddens Rd	Gold coin
Sat, 8th Oct	Anne Harvey: Mothers Raising Sons (aimed at mums of 12-14 year olds)	9.30am to 12 noon, Life Impact Centre Garden Lounge at St Albans Baptist Church, 64 McFaddens Rd	\$8pp
Sun, 9th Oct	Life Impact Service: 'This too shall pass...'	5.30pm, St Albans Baptist Church, 64 McFaddens Rd	Free

**Bookings on-line at [www.nht.org.nz](http://www.nht.org.nz), email [parenting@nht.org.nz](mailto:parenting@nht.org.nz) or ring 355 6522**

Thanks to our sponsors: Shirley/Papanui Community Board; Fendalton/Waimairi Community Board; Archer Memorial Trust; Noelene and David Diggs Foundation; Toyfest; Tindall Foundation, AMI and Community News

## Community Noticeboard:

### Church services:

**St Albans Baptist Church (SABC)**, 64 McFaddens Road, Sundays: Contemporary @ 10am; Life Impact @ 5pm; Unlimited Youth Services, Fri nights fortnightly @ 7.30pm, contact Caleb on 355 6522

**Vision Church Christchurch North** (Christchurch North Apostolic) cnr Thames & Dee Streets, Sundays @ 10am

**Our Lady of Fatima**, Innes Road, Masses Sat @ 5.30pm; Sundays @ 10.30am

**International Missionary Society** SDA Reform Church meets 10am Saturdays. Come and study Bible with us 55 page prophecy magazine given. Venue: 423 Marshland Road. Ph: 385 9338 evenings for further info.

**Gamblefree Day** On Saturday, September 3rd there will be a Family Fun day at St Albans Baptist Church from 11am - 2pm to celebrate our resilient communities in honour of Gamblefree Day. There will be food, entertainment, health stalls, face painting, kids' activities, and a visit from Captain Stomper! The event is free for everyone, so bring the family and celebrate with us! Sara Epperson, Health Promoter, Problem Gambling Foundation, Mobile: 27 662 2312 Email: [sara.epperson@pgfnz.org.nz](mailto:sara.epperson@pgfnz.org.nz) Visit us on the web: [www.pgfnz.org.nz](http://www.pgfnz.org.nz)

**ST ALBANS SWIMMING CLUB AGM** - Monday 5th September 7.30pm Shirley Intermediate School. All past & present members welcome

**St Albans Residents Association Meeting.** - September 13th and October 11th @ 7.30pm. Abberley Park Hall. The meeting will be about SARA, how it will rebuild and be involved in the St Albans Community.

**Neighbourhood Trust courses at St Albans Baptist Church, 64 McFaddens Rd:**

**DROP IN lunch - running every Wednesday & Thursday** until the end of the school year, 12 - 1.30pm (lunch 12 - 1pm). No need to book; just turn up. Yummy food. Gold coin koha. If you are having trouble with transport to go shopping, give us a call. We may be able to help - 355 6522.

**KiwiMums:** If you're a Mum and live in NZ, you're a KiwiMum. Meets 9.30 - 11.30am, on the 2nd & 4th Tuesday of the month, term time only. Great programme with opportunity to meet other Mums around the area and learn a new craft. Newcomers welcome. Child care provided. Gold coin donation appreciated. Ph. Ginny on 355 6522 or txt 027 746 5168 for more info.

**KiwiDads:** We are planning to make and fly kites, hoping for a windy day, September 10th, 1 till 5ish. Meet at St Albans Baptist Church, 64 McFaddens Road. For more info Phone 385 1042.

**Free 4-week Ante-natal course.** Next class starting 7th November 2011, Mon 7.15 - 9.15pm. Ph: Ginny 355 6522; 0277465168 or email [ginny@nht.org.nz](mailto:ginny@nht.org.nz) to enrol.

**Parenting Toolbox:** The Middle years (6-12 yrs). Start date 1st September, 7.30pm - 6th October. Cost \$30 per person. Contact: Kim Button, 3556522, 0276772472, [kim@nht.org.nz](mailto:kim@nht.org.nz)

**Craft & Friendship Group:** Tues term time, 9.30am at St Albans Baptist Church - all welcome.

**Literacy and Numeracy with the Hagley Community College unit,** 9am - 1pm, Tues & Thurs. Term time. Txt Ginny on 027 746 5168

**Have some free time?** Want to be part of a fun team delivering services to older adults in the Mairerhau/North St Albans area, Wednesday mornings, or happy to help someone get to the supermarket (petrol reimbursed) please ring 355 6522 and ask Kim about helping with the Golden Programme or shopping.

**Golden programme for over 55s on Wed:** 7th September - **Golden Spoils** - with Foot Clinic, starting at 9.00 at St Albans Baptist church. All welcome at 10.00 for morning tea. Book now for the Foot Clinic \$15, to get your feet pampered - spa, nail trim, massage. 14th September - **Golden Meal** - Come along for a tasty lunch at St Albans Baptist, starting midday. Gold coin donation; 21st September - **Golden Tours** - Leeston Daffidol Farm; 28th September - **Golden Movies** - Come and join us in the Redwood Lounge at St Albans Baptist Church

**FREE QUAKE WORKSHOP FOR THE OVER 50'S** - 31st August 2011 1-3pm.

If you are experiencing anxiety or distress as a result of the earthquakes, please phone Kim to register for this free Quake workshop. Afternoon tea will be served. Ph. 355 6522, or 02767725472

Ring 355 6522 or text 0276772472 to book. All welcome. Bookings essential for Foot Clinic, Meal and Tours.

**Fireworks Family Extravaganza** - This event runs from 5.30pm on the 5th November - Guy Fawkes night. Starts with food and fun activities for the children, then fireworks are let off in a fenced area after dark (around 8.45pm). Donations are welcome.

**Contact Kim for more information: 3556522, 0276772472, or [kimnht.org.nz](http://kimnht.org.nz)**



**Te Puna Oraka: Early Years Hub courses run from**

**69b Briggs Road (next to the Preschool):**

**Yummy Mummy's** - Yummy Mummy's group is on Monday @ 10.30, Playgroup and Coffee for young first time mums come and join in on fun activities with your baby/toddler. learn new skills, meet other young mums, All welcome. Ph. Felicite on 385 5691 or 027 6551 996

**Cook around the world** - Tuesdays @6.30pm - come and make different dishes from around the world.

**Playgroup** operating Weds. 10am-12noon for families with children under 3 years in the greater Shirley area. Lots of fun and interactive play!

**Craft group** Wednesday 12.30pm

**Te Puna Oraka is also a Recovery Information Kiosk - pop in for info and assistance. Phone Felicite on 385 5691 for more info on any of these activities.**

### REGULAR ACTIVITIES:

**Civil Defence Volunteers - Shirley/Papanui Area** meet 4th Mon of the month. Ph: Mike Vida 386 2953 or 027 5700706. New Volunteers welcome! Working together towards community resilience.

**Computer Training for the Over 55s** - SeniorNet Canterbury - located at the Lions Club Rooms, Gate A, Ferrymead Park Drive - has Computer Courses and Workshops available on a wide range of subjects for those aged 55 and over. Peer training with small classes of up to six students and two tutors. Free Help Sessions every Tuesday. Telephone 383 7249 for an information pack.

**Free YWCA After Breast Cancer Surgery Exercise programme.** Eight weeks of gentle pool and floor exercises for women who have had breast cancer surgery at any stage of their lives. Enrolment essential. Ph Susan 3553303

**Mairerhau Library:** Kensington Ave - open 2-4pm Mon-Fri

**OPPORTUNITY SHOP** Palm Cottage, 8 New Brighton Road (opposite The Palms). Open Tues, Thurs and Fri. 10.00 am - 2.30 pm. This shop is an outreach of the Crossways Community Church.

**Pregnancy Help** relies on donations from the public to supply the community with items.

If you have any newborn cotton clothing items in good, clean condition please feel free to bring them to us. Phone 385-0556. Currently operating from Te Puna Oraka, 69B Briggs Road.

**Problem Gambling Foundation** - Gambling more since the earthquake? If you're concerned about your gambling, or someone else's gambling, free confidential help with Christchurch staff is only a phone call away: 0800 664 262

**St Albans Playcentre,** Mon-Fri, 9.15 - 11.45am Term time is up and running. Learning through play, establishing friendships, developing essential life skills and having lots of FUN. Call now or drop by to arrange 3 FREE sessions. Ph 982 1643, 96 Philpotts Rd (Glenmoor School).

**SHIRLEY RUGBY LEAGUE** : Is up and running again after the earthquake. If you want to play Rugby League in the coming season, come and sign up now. Registration is every Thursday at McFarlane Park from 4 pm or contact Rochelle Lynch on 3894303 or 0211335437.

**Big Book Sale!!** Saturday 3rd September, 9-1pm. Come and support Jamboree Fundraising for the Cranford/Shirley Girl Guides. Next door to English Park on Cranford Street.

*If you are a not-for-profit organisation and would like your notice displayed, send copy (max. 30 words) to [themairehau@nht.org.nz](mailto:themairehau@nht.org.nz) or phone Ginny at 355 6522. Please note deadline is 15th of the month for publishing 26th.*

## Hottie covers for Mairerhau kiddies

Members of the Helen Anderson Trust made hot water bottle covers to go with the hotties donated by Business Edge and distributed by Neighbourhood Trust. If you'd like a beautifully made hot-water bottle cover, give us a call on 355 6522 or pop in to 64 McFaddens Road.



Members from the Helen Andersen Trust with their hot water bottles covers

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