***LINCOLN EFFORD MEMORIAL LECTURE***

**The lignite plans of Solid Energy and why the coal must be kept in the ground**

***Speaker: Jeanette Fitzsimons***

**Thursday 13 October, 7.30 – 9 pm, gold coin donation**

Jeanette Fitzsimons retired last year after 13 years in Parliament as the co-leader of the Green Party. She is spending her retirement farming, spending time with her grandchildren, and working to stop coalmining, especially the plans for huge lignite projects in Southland which are NZ’s great threat to the climate our children will have to live with.

***FRIDAY NIGHTS AT THE WEA***

**Friday Nights at the WEA:** Informal relaxed end-of-the-week activities, come and join in! usually 6 – 7.30 or 8 pm.

1st Friday: Waiata Group (Whare Tamanui).

2nd Friday: Italian language work-shop (Daniela Bagozzi).

3rd Friday: A free event to help people in these troubled times! (Pegasus Economic Education Society).

4th Friday: Games: parlour and board games (Gertrud and Ivan). Any questions: contact Daniela via the office.

All welcome – koha.

***ARTS & CRAFTS***

**1 ART & POLITICS DO MIX – Pamela Gerrish Nunn**

**Starts 31 October, 10.30 am – 12 noon, 6 Mondays, $32**

It has often been said that art and politics don’t mix, but in the run-up to our own General Election, this course will look at politics as subject-matter in the western tradition. We shall examine works from the 15th century to the present day, covering the depiction of monarchs, battle-painting, abolitionist art, the representation of war and the promotion of peace, class war and feminism. Dr Pamela Gerrish Nunn, formerly Professor of Art History and Theory at the University of Canterbury, is a freelance researcher and curator. She has published extensively on the history of 19th and 20th century art.

**2 DRAWING CHRISTCHURCH IN SPRING – Maxine Burney**

**Starts 19 October, 1.45 – 4 pm, 8 Wednesdays, $65**

Weather permitting, sketching and drawing life outdoors can be an enjoyable way to spend an afternoon, while expanding your art skills with like-minded people. With a focus on nature and people, subject matter is transferable inside if weather is inclement. You will need a 2B pencil, 4B pitt graphite pencil, eraser, craft knife, hard backed A4 or A3 visual diary (other optional drawing materials to be discussed. Artist/tutor Maxine Burney, with many years experience in the visual arts, offers you a mix of practical art techniques to build skill and confidence, and encouragement to explore your creativity further.

**PAINTING THE LANDSCAPE IN PASTEL – Maxine Burney**

**3 Saturday 19 November, 10 am – 3.15 pm, $25**

**4 Sun 20 November, 10 am – 3.15 pm, $25 or $48 for both days**

Enrich and enliven your landscapes with that little bit extra. Add new colours; try a different ground to work on; experiment with mark making. The techniques of marbling, pointillism, hatching, blocking and blending will all be explored. Bring along resource material for a new work, a work in process or something that needs revamping. Materials list given on enrolment. Artist/tutor Maxine Burney has happily specialised in the highly versatile, hands-on, expressive, medium of pastel for over 14 years. She aims to assist you in broadening both the way you use pastel and how you express the landscape.

**5 PORTRAITURE - Maxine Burney**

**Starts 21 October, 9.45 am - 12 noon, 8 Fridays, $88**

Achieving a likeness of a person is both challenging and rewarding. This course invites you to explore portraiture further and to expand your creativity using mixed media to represent and characterise a person. Working from life, memory, imagination, self portrait and other resources, the aim is to develop a wider visual language to express the human portrait. With many years experience working in the visual arts and as a tutor, the past 14 as a practising artist at the Arts Centre, Maxine’s aim is to inspire and encourage you to create.

**Portrait students meet on an informal basis on Wednesdays, 1.15 – 3 pm, to practise. Students take turns at modelling.**

**6 TRANSFORMERS: ARTISTS, EXHIBITIONS AND EVENTS THAT HAVE CHANGED NEW ZEALAND ART – Warren Feeney**

**Starts 26 November, 10.30 am – 12 noon, 2 Saturdays, $11**

How has our understanding of New Zealand art changed over the past century? This course considers shifting perceptions about the country’s art: The International Exhibition in Hagley Park (1906-07) and how 19th century British art shaped New Zealand’s identity, and the controversy surrounding the post-modernist survey, *Headlands*, at the Museum of Contemporary Art in Sydney in 1992. Dr Warren Feeney is the former director of the Centre of Contemporary art and has written widely on New Zealand art for the past 25 years.

***CURRENT AFFAIRS***

**7 ELECTION ISSUES – various speakers**

**Starts 27 October, 7.30 – 9 pm, 5 Thursdays, gold coin donation**

27 Oct **Asset sales – right or wrong?** – John Walley, CEO New Zealand Manufacturers and Exporters Association

3 Nov **Taxation in focus: What are the issues?** – Prof Adrian Sawyer, Acting Pro-Vice-Chancellor, Canty University

10 Nov **New Zealand is Not For Sale** – Murray Horton, Campaign Against Foreign Control of Aotearoa (CAFCA) and the NZ is Not For Sale Campaign Working Group

17 Nov **Capital Gains Tax: in the context of NZ inequality** – Neville Bennett, retired academic and NBR columnist

24 Nov **Youth Health: The community’s wealth?** – Dr Sue Bagshaw, Korowai Youth Well-being Trust

***DANCE***

**8 ISRAELI FOLK DANCING – Val Clements**

**Starts 19 October, 11.45 am - 1.15 pm, 8 Wednesdays, $42**

Israeli Folk Dancing is ideal for improving ones general well-being. It is good exercise for physical fitness and pleasurable, because

of the lovely music and learning to move with it. As one concentrates and tries to remember the different movements, it

shuts out the rest of the day, which is both relaxing and counters stress. There are different styles from different parts of the world,

some vigorous and some gentle and graceful, but all dances are written for joyful occasions. Val has been dancing and teaching

Israeli Folk Dancing for nearly twenty years and the pleasure hasn’t faded. No partners required.

**9 TRADITIONAL DANCES OF THE BALKANS – Katy Sinton**

**Starts 17 October, 10 – 11.30 am, 6 Mondays, $32**

All over the world, people love to dance. In this class we focus on the rich dance tradition of south-eastern Europe, with excursions further afield. In addition, Katy will give you some understanding of the cultural context of the dances by sharing

her knowledge of Balkan history and traditional costumes. These classes are suitable for complete beginners as well as those with more experience. Wear comfortable shoes (no high heels); no partner required.

***HEALTH***

**10 DEEP BREATHING & RELAXATION – Diane Brasell**

**Starts 21 October, 1 – 2.30 pm, 5 Fridays, $34**

Learn how to quieten your mind and body with the correct breathing techniques. A busy active mind can create stress in your life and body and cause all sorts of health issues. Once you have learnt to become more aware of what a relaxed mind and body feels like, it then becomes easier to identify when you are out of balance and what you can do to help yourself. Diane Brasell has herself benefitted from working with breathing and relaxing after developing fibromyalgia (muscle pain and chronic fatigue) in 2003. **Please bring 2 blankets and a pillow.**

**11 TAI CHI, QIGONG AND HARA BODY ALIGNMENT – ADVANCED - Geraldine Parkes**

**Starts 20 October, 1.30 - 2.30 pm, 8 Thursdays, $28**

**12 TAI CHI, QIGONG AND HARA BODY ALIGNMENT – BEGINNERS - Geraldine Parkes**

**Starts 20 October, 2.45 – 3.45 pm, 8 Thursdays, $28**

Tai Chi is a series of movements designed to heighten mental awareness and improve physical conditioning. It has been

developed over thousands of years, and is slow, gentle and easy to learn. Classes are informal and suit any age or fitness level with

no special equipment required – just comfortable clothing. Blood pressure can be reduced, circulation, joint flexibility, balance and

digestion can be improved, with a corresponding increase in self confidence. Most pupils report an improvement in general well

being and pain control (for arthritis sufferers in particular) within the first two lessons. This is also a falls prevention programme.

***HISTORY & CULTURAL STUDIES***

**13 CULTURAL DIVERSITY**

**Starts 19 October, 1 – 2.30 pm, 5 Wednesdays, $5**

Learn more about people from culturally and linguistically diverse backgrounds living in Christchurch. This series, which is supported by Christchurch Resettlement Services, will include hearing stories from some recent migrants. Participants will be helped to a greater understanding of culturally diverse people settling in Christchurch, with the hope of encouraging a more welcoming community.

**14 DEMYSTIFYING CAPITALISM – Philip Ferguson**

**Saturday 29 October, 1 – 4.30 pm, $13**

The woes in the financial system globally and overall stagnation in many capitalist economies have raised new concerns about whether capitalism actually works and is the best way to organise the resources of society to meet human needs. This course will take a critical look at the origins of capitalism, how it works and why, ultimately, it has a tendency to regularly go awry. It suggests that an economy planned by the people to serve the needs of the people offers a real alternative. Dr Philip Ferguson currently teaches history and world affairs in Bridging Programmes at the University of Canterbury.

**15 EAST SIDE COMMUNITIES: MEMORIES & VISIONING**

**Starts 1 November, 7 – 9 pm, 4 Tuesdays, at the Honey Cafe, New Brighton Mall. $10 or $5 per night. Pre-enrolment is important. Meals, tea and coffee available to purchase from 6 pm**

1 Nov **New Brighton and North New Brighton** -Bruce Ansley author of *Gods and Little Fishes*; Alan Cockburn, author of *Fire on the Foreshore* and local identity

8 Nov **Bexley** - Local residents Aileen Trist (Residents Association); Lianne Dalziel MP and Tim Baker, local historian and Community Board member

15 Nov **Avondale** – Adrienne Lingard (President Residents Association) and speaker to be confirmed

22 Nov **Southshore/South Brighton** – Don Rowlands, Olive Lawson (editors of *Sand Dunes to Suburb* and Tim Sintes, Community Board member.

**16 PAGES FROM NEW ZEALAND HISTORY – various speakers**

**Starts 18 October, 7 – 8.30 pm, each Tuesday night, koha**

This series will cover important, but not always well-known or well-understood, episodes in NZ history. These include the White New Zealand policy, the development of the workers’ movement in New Zealand, repression during World War 2, the attempt to introduce peacetime conscription, the 1951 waterfront dispute, the No Maoris No Tour campaign, the early days of second-wave feminism, the anti-Vietnam War movement and the movement against the 1981 tour (not necessarily in this order). Speakers will be writers on these subjects and, with the more recent episodes, participants in the events.

**17 SUBURBS OF CHRISTCHURCH – various speakers**

**Starts 18 October, 1 – 2.30 pm, 4 Tuesdays, $21**

The suburbs of Christchurch have a rich history but what of the future? The recent earthquakes have brought devastating change to some parts of Christchurch while at the same time providing opportunities for new developments. Each week a local historian will speak about the suburb they are familiar with while the second speaker discusses the present reality and future hopes for their part of town.

18 Oct To be confirmed

25 Oct **Sumner/Redcliffs** – Topsy Rule and speaker tbc

1 Nov **St Albans** – Brian Spear, Emma Twaddell

8 Nov **Belfast** - Ivan Hibberd

***HOME & GARDEN***

**18 JEWISH COOKING – Rita Yosef**

**Starts 22 November, 11.45 – 1.15 pm, 3 Tuesdays, $45**

Welcome to the world of authentic Jewish cuisine. Come and try some of the amazing recipes that have evolved over thousands

of years from the many different cultures that have influenced Jewish cooking, combining the tradition of the ancient religion

with modern influences. Learn how to make potato latkes, paloman zimes, soofganiyot (Hanukkah doughnuts), hala bread for Shabbat, and the famous chicken soup, kugel. This course will include both theory and demonstration. Rita Yosef is a qualified chef who was born in Latvia and lived in Israel for over 31 years before making New Zealand her home. She has had a life-long interest in food and has her own catering business.

**19 MOROCCAN COOKING – Rita Yosef**

**Starts 18 October, 11.45 am – 1.15 pm, 3 Tuesdays, $45**

Discover the rich flavours, aromas and colours of Moroccan cooking. Learn the secret of cooking a Tajine; explore the authentic spices of the Berber and dishes such as pastilla, Aromatic couscous, harira soup, special fish dishes and much more. This course will include both theory and demonstration of main dishes.

**20 PRACTICAL ORGANIC HOME GARDENING – Lily White**

**Starts 1 November, 6 – 7.30 pm, 6 Tuesdays, $35**

This practical course will teach you about the basics of organic gardening including the following topics: soil life, compost,

worms, Bokashi and liquid fertilisers; permaculture; pests and diseases; raised beds, square foot gardens; crop rotation, companion planting and intercropping; community gardening and community building. Come prepared to get your hands dirty!

Lily White has been gardening organically for 30 years and has done formal training at Christchurch Polytechnic. For the past 12 years she has been running the ‘Kids Edible Gardening’ programme. Her specialty topic is garden design.

***LITERATURE***

**21 BEOWULF – Grant Pheloung**

**Starts 1 November, 10 – 11 am, 4 Tuesdays, $14**

Become acquainted with a great work of antiquity in this guided reading of Beowulf. Considered to be the earliest European epic and the beginning of English Literature the story of Beowulf provides historical and cultural insight and examines the Anglo-Saxon’s fears of the unknown. Much of the action of the poem and struggles of the hero Beowulf are based in Germanic folktales and mythology. The translation I have is by Burton Raffel but any version will do. Grant Pheloung has a PhD from Auburn University in Alabama and taught in the ‘Great Books’ programme there for a number of years.

**BOOK DISCUSSION SCHEME (FWEA)**

If you enjoy reading and want to join an existing book group or start up your own, the FWEA Book Discussion Scheme is the place to start! We loan out sets of more than 640 titles, from non-fiction to the latest page-turner. Groups read the same book and receive discussion notes to help kick-start their get-togethers. $60 for 10 books a year; student and half-programmes also available ($45/$30). Email [bds@bds.org.nz](mailto:bds@bds.org.nz) or phone us on 365 6210.

**22 CREATIVE WRITING – BEGINNERS – Helen Hogan**

**Starts 10 October, 10 am – 12 noon, 8 Mondays, $56**

Discover your talents and grow in confidence in a supportive group with other beginner writers. You may find your stories

give pleasure to others! If your writing’s gone a bit stale, this group is a good way to freshen it up. Helen Hogan is a

writer and teacher who first developed her creative writing courses when teaching a special writing class for teachers at Christchurch Teachers’ College.

**23 CREATIVE WRITING – FICTION – Helen Hogan**

**Starts 19 October, 10 am – 12 noon, 8 Wednesdays, $56**

The Wednesday class offers you an opportunity to share your work with other enthusiasts. The emphasis is on developing skills in short story writing.

**24 MIGRATION STORIES – Diane Comer**

**Starts 31 October, 1 – 2.30 pm, 5 Mondays, $27**

This course invites recent and long-time immigrants to New Zealand to write about their migration experience. Participants

will explore how writing non-fiction creates insight and understanding in a workshop setting. Active discussion and participation is at the heart of the course. Diane Comer is a graduate from the University of Iowa Writers’ Workshop and has

been publishing creative non-fiction for over twenty years. She immigrated to New Zealand in 2007 and has taught creative

writing workshops at universities in Europe, the United States, and at the University of Canterbury.

**25 PLAY READING FOR FUN – Brian Sullivan**

**Starts 27 October, 10 am – 12 noon, 5 Thursdays, $49**

Brian has chosen a mix of plays, from the serious to the farcical, with elements of mystery, fun and tears. Bring your reading

glasses, some tissues and your imagination, and help bring some characters to life. If course members would like, a theatre visit may also be arranged. Brian has been active in amateur and professional theatre and film for over fifty years, most recently with Canterbury Repertory and Top Dog Theatre. Course fee

includes cost of script hire.

**PLAY READING – D-I-Y Play Reading group meets Thursdays**

**10 am – 12 noon. Phone Wendy 352 7119 for more info.**

**26 WRITING POETRY – James Norcliffe**

**Starts 17 October, 7 – 8.30 pm, 8 Mondays, $45**

What will we be doing? Looking at a **large** number of poems – models: Stretching our imaginations/playing: Responding to ignition exercises: Writing: Shaping language into (perhaps) unusual forms: Sharing our efforts: (I hope) having fun. James Norcliffe is a NZ poet, editor and writer of mainly fantasy novels for young readers. He has published six collections of poetry most recently *Villon in Millerton* and *Along Blueskin Road.* He has published in journals and read at occasions and festivals world-wide. He has been poetry editor of Takahe and has been for several years poetry editor of the Christchurch Press.

***MAORI***

**27 PARIHAKA DAY SEMINAR – various speakers**

**Saturday 5 November, 9.30 am – 1 pm, $10**

This seminar honours the importance of 5 November 1881 in New Zealand history, the day that Government militia invaded the peaceful Taranaki pa of Parihaka. Presenters include Robert Consedine, author of *Healing our History: The Challenge of the Treaty of Waitangi,* and Don Rowlands and Olive Lawson, who will speak on the new edition of a book about the imprisonment of Te Whiti and Tohu in the South Island. Please bring a plate of food for a shared lunch. Participants will be encouraged to proceed to St Mary’s, Addington Square at 3 pm for an annual commemorative event including Kapa Haka, drama, poetry and a formal address.

***MUSIC***

**28 CHOIRS AND PLACES – David Sell**

**Starts 17 October, 1.30 – 2.30 pm, 5 Mondays, $18**

People sang together probably before they began to speak. This series studies music for choirs, focussing especially on the huge repertoire that has built up over the past five hundred years, and the places that inspired it. Recorded selections of music will be played. David Sell is Adjunct Associate Professor of Music, and Director of the National Centre for Research in Music Education at the University of Canterbury. He has written or edited thirty-five books, most in the field of music education, and is a music reviewer for the Christchurch Press.

**29 SINGING FOR PLEASURE – Valerie Hoy**

**Starts 27 October, 12 noon – 1 pm, 6 Thursdays, $26**

Learn the basics of vocal production and sing a selection of different types of songs, both unison and two-part, if a balance of voices is available. Valerie is a qualified music teacher with over 30 years’ experience of teaching and performing in vocal groups of different kinds. To assist us to prepare for this class, please enrol by 20 October.

**30 UKULELE BEGINNERS – Kerry McCammon**

**Starts 31 October, 10.30 am – 12 noon, 6 Mondays, $33**

Sing-a-long; learn to tune a ukulele; learn basic chords and strums; learn common patterns and songs. Some ukuleles

supplied. Kerry McCammon has been teaching and performing for over 30 years. He has toured extensively throughout NZ, England and Japan as part of the Natural Magic Theatre

Company. A qualified High School and ESOL teacher, Kerry has found the ukulele to be the ideal instrument to facilitate all kinds of group singing and celebration.

**31 UKULELE BEGINNERS STAGE 2 – Kerry McCammon**

**Starts 31 October, 1 – 2.30 pm, 6 Mondays, $33**

For students with some familiarity with the ukulele, (or having completed the Beginners course). Moving on with more songs

and covering various styles of music such as Folk, Latin, Dixie Blues, Swing, Jazz standards.

***PERSONAL DEVELOPMENT***

**32 PERSONAL INTERACTION SKILLS – Cathy Sweet**

**Starts 1 November, 1 – 2.30 pm, 4 Tuesdays, $21**

Interacting with other people is essential to our happiness, but we don’t receive much training for the conflicts and upsets that are

part of our daily lives. Common areas people say they need help with are: being listened to better, being able to ask for what they want without upsetting others, and standing up to people they feel ‘pushed around by’. From her background in community work, personal development and education Cathy has identified three essential tools: listening skills, assertiveness, and personal awareness, and enjoys presenting them in a fun and practical way.

***RECREATION***

**33 BRIDGE FOR BEGINNERS – Jane Skipper**

**Starts 20 October, 1 – 3 pm, 8 Thursdays, $56**

This 8 week course will take beginners at the game of bridge to the stage where they can play in a session at a local club. Bridge is a wonderful card game, not difficult to learn but endlessly fascinating. It is suitable for players of any age, stimulating for the brain and for the social person. Each class will include a short lesson, a session of play using prepared cards and discussion of a hand-out. Jane Skipper is a retired teacher who has played and taught bridge around Christchurch for many years. She has reached the rank of Grand Master and has represented New Zealand in international competition.

**34 CHESS – Wednesdays, 12.30 – 4 pm, $1 donation per session**

Learners welcome, also anyone with a basic knowledge of the game is most welcome. For details phone Heinz, 981 4945.

**35 MAH JONG - Tuesdays, 10 am - 12 noon, $1 donation per session.** This fun and challenging game continues every Tuesday. If you have your own set please bring it along,

otherwise just come along and join a bunch of friendly people having fun. **Beginners welcome.**

***THE WORLD***

**36 ARMCHAIR TRAVEL**

**Starts 20 October, 10.30 – 11.30 am, 8 Thursdays, $28**

20 Oct **Exploring England** – Margaret Lovell-Smith

27 Oct **Where China and Central Asian cultures meet – Western Xinjiang Province, China** – Alan Stewart

3 Nov **Adventuring in Argentina** – Maureen Vance

10 Nov **A year in Japan** – Valerie Campbell

17 Nov **Costa Rica: the rich coast** – Ron Tustin

24 Nov **The quirky city of London** – Geoffrey Naylor

1 Dec **Journey to Palestine & Israel** – Deborah Williams and David Minifie

8 Dec **Ethiopia** – Richard Chandler

***WEA BRIDGE CLUB***

Meets on Friday afternoons, 1 - 3.30 pm at 59 Gloucester St. To join and to arrange a partner phone Kit, 354 6065.

***WEA FIELD CLUB***

An established group to encourage outdoor activity and the enjoyment of natural history and the beauty of the countryside. Monthly trips on 3rd Saturday. Phone Marian, 384 1775.

***WEA SKETCH CLUB***

Meets Saturday mornings at previously arranged painting

places. Programme displayed at WEA Centre or by mail.

Phone Yvon, 360 3845.

***WEA NORTH WEST BRANCH***

Meets at St Margarets, 94 Farrington Avenue. Fridays 10 -11.30 am. $3 per session. A variety of tutors speak on a wide range of topics. For full programme details phone Jan 351 9796.